

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

إِنَّ الْحَمْدَ لِلَّهِ نَحْمَدُهُ وَنَسْتَعِينُهُ وَنَسْتَغْفِرُهُ وَنَعُوذُ بِاللَّهِ مِنْ شُرُورِ أَنْفُسِنَا
سَيِّئَاتِ أَعْمَالِنَا، مَنْ يَهْدِهِ اللَّهُ فَلَا مُضِلَّ لَهُ وَمَنْ يُضِلَّهُ فَلَا هَادِيَ لَهُ.
وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ
وَرَسُولُهُ.

The last ayah of Surah Baqarah is really an ayah of mercy. In the Ayah Allah says.

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا ۗ لَهَا مَا كَسَبَتْ
وَعَلَيْهَا مَا اكْتَسَبَتْ

God does not burden any soul with more than it can bear: each gains whatever good it has done, and suffers its bad..... [Surah Baqarah: 286]

In this ayah, Allah indicates that every soul shall only have a burden than it can bear. This is a guarantee from Allah SWT. Now we have a choice, we can run our lives in an auto pilot mode, doing our mundane work and enjoying its pleasures. And let Allah put the burdens on us, which we may not like due to our deeds. Or we burden ourselves with works that are good. Whether it's the ibadah, serving people, learning the deen, teaching, or any good deed that is of interest to us. Once we reach our capacity, there is no capacity left to be burdened. This way we protect ourselves from calamities. In these times of calamity, lets protect ourselves by making ourselves busy with works that will please Allah SWT. Perhaps this will help us protect ourselves from this test. For indeed we have wronged our souls and the

only way out is to seek the forgiveness of Allah SWT. In the same ayah, Allah continues

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا ۗ رَبَّنَا وَلَا تَحْمِلْ
عَلَيْنَا إِصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا ۗ رَبَّ
نَا وَلَا تُحْمِلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۗ وَاعْفُ عَنَّا وَاعْفِرْ
لَنَا وَارْحَمْنَا ۗ أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

“Our Lord! Do not punish us if we forget or make a mistake. Our Lord! Do not place a burden on us like the one you placed on those before us. Our Lord! Do not burden us with what we cannot bear. Pardon us, forgive us, and have mercy on us. You are our ‘only’ Guardian. So grant us victory over the disbelieving people.”

Ameen

أَقُولُ قَوْلِي هَذَا، وَأَسْتَغْفِرُ اللَّهَ لِي وَلِكُمْ وَلِسَائِرِ الْمُسْلِمِينَ ، فَاسْتَغْفِرُوهُ،
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.

Sit Down

بِسْمِ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ.

Its Allah who can afflict us with a disease and its Him who can protect us. InshaAllah lets use this extra time we got in getting closer to Allah SWT and consistently seeking his forgiveness. Perhaps we will be protect ourselves inshaAllah. And once we come out of this calamity, lets burden our souls with the good habits we learned during this time, inshaAllah.

عِبَادَ اللَّهِ، ﴿ إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَاءِ ذِي الْقُرْبَى وَيَنْهَى
عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ وَالْبَغْيِ ، يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ ﴾ . اذْكُرُوا اللَّهَ
الْعَظِيمَ يَذْكُرْكُمْ وَاشْكُرُوهُ يُزِدْكُمْ وَاسْتَغْفِرْ لَهُ يُغْفِرْ لَكُمْ وَاتَّقُوهُ يُجْعَلْ
لَكُمْ مِنْ أَمْرِكُمْ مَخْرَجًا . وَأَقِمِ الصَّلَاةَ

Stand for prayer